

**ENDOCRINOLOGY ASSOCIATES**  
**9328 East Raintree Drive, Scottsdale, AZ 85260**  
**(602) 266-8463**

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**Patient History Questionnaire**

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_  
Patient ID: \_\_\_\_\_ Sex:  M  F  
Current Height:(in) \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Weight:(lb) \_\_\_\_\_ Referring Physician: \_\_\_\_\_  
Menopause Age: \_\_\_\_\_ Ethnicity: \_\_\_\_\_

1. Have you had a previous hip or vertebral fracture?  Yes  No
2. Have you had any fractures during your adult life which did not result from significant trauma?  Yes  No
3. Did either of your parents ever have a hip fracture?  Yes  No
4. Do you smoke?  Yes  No
5. Have you ever taken Glucocorticoids?  Yes  No
6. Do you have rheumatoid arthritis?  Yes  No
7. Do you have secondary osteoporosis?  Yes  No
8. Do you drink 3 or more alcoholic drinks per day?  Yes  No
9. Are you being treated for osteoporosis?  Yes  No

10. Have you ever taken any of the following medications:

- |   |   |
|---|---|
| <input type="radio"/> Actonel (i.e. risedronate)  | <input type="radio"/> Boniva (i.e. ibandronate)           |
| <input type="radio"/> Evista (i.e. raloxifene)    | <input type="radio"/> Forteo (i.e. parathyroid hormone)   |
| <input type="radio"/> Fosamax (i.e. alendronate)  | <input type="radio"/> HRT (i.e. estrogen/hormone therapy) |
| <input type="radio"/> Miacalcin (i.e. calcitonim) | <input type="radio"/> Protelos (i.e. stronium ranelate)   |
| <input type="radio"/> Reclast (i.e. zoledronate)  | <input type="radio"/> Prolia (i.e. denosumab)             |
| <input type="radio"/> Vitamin D                   | <input type="radio"/> Calcium                             |
| <input type="radio"/> Other Please Specify: _____ |   |

11. Do you have any of the following medical conditions:

- |   |   |
|---|---|
| <input type="radio"/> Anorexia or Bulimia         | <input type="radio"/> Any Seizure Disorders       |
| <input type="radio"/> Asthma or Emphysema         | <input type="radio"/> Cancer                      |
| <input type="radio"/> End stage renal disease     | <input type="radio"/> Inflammatory bowel diseases |
| <input type="radio"/> Hyperparathyroidism         | <input type="radio"/> Hysterectomy                |
| <input type="radio"/> Other Please Specify: _____ |   |

12. What was your maximum height (inches)? \_\_\_\_\_

13. Do you perform weight bearing exercise regularly?  Yes  No
14. Do you regularly consume dairy products?  Yes  No
15. Do you drink caffeinated beverages?  Yes  No

If Female:

16. At what age did your period start? \_\_\_\_\_
17. Are you premenopausal?  Yes  No
18. How many full term pregnancies have you had? \_\_\_\_\_
18. Have you ever missed your period for more than 6 months in a row?  
(not including pregnancy or menopause)  Yes  No